

IFLA 2026



RECREATIONAL CANOE, KAYAK, & S.U.P. RACES

SUNDAY, JULY 26

Birch Point

Pleasant Lake, Pond Road, Island Falls

RIBBONS + PRIZES AWARDED

ENTRY FEE

\$15.00 per person*

REGISTRATION: 12 PM / RACE BEGINS: 1 PM

RACE CATEGORIES

1.4 MILE RACE

Senior (60+), Adult (18 - 59), Student (age 15 - 17)

SHORT COURSE

Junior (10-14), Children (9 and under)

CANOES

Male, Female, Mixed, Century (combined ages over 100)

KAYAKS:

Male, Female, Tandem (by kayak length)

S.U.P.S

Male, Female



**ISLAND FALLS
LAKES ASSOCIATION**

*Tickets include a race t-shirt. Ticket fee supports the *Southern Aroostook Scholarship Fund*. Additional donations are welcome. Kayaks or canoes can be borrowed from Birch Point on race day

WWW.ISLANDFALLSLAKESASSOCIATION.COM